

# Hand Size Table for Grading Mittens and Gloves

	Adult XXS	Adult XS	Adult S	Adult M	Adult L	Adult XL	Adult XXL
<b>Hand (palm) circumference</b>	6.5	7	7.5	8	8.5	9	9.5 inches
<b>Hand length</b>	6.5	7	7.5	8	8.5	9	9.5 inches
<b>Wrist circumference</b>	5.5	6	6.25	6.75	7	7.5	8 inches
<b>Thumb gusset length</b>	2.5	2.5	2.75	3	3.25	3.5	3.5 inches
<b>Thumb length</b>	2.25	2.25	2.5	2.5	2.75	3	3 inches
<b>Little finger length</b>	1.75	2	2.25	2.5	2.75	3	3 inches
<b>Ring finger length</b>	2.25	2.5	2.75	3	3.25	3.5	3.75 inches
<b>Middle finger length</b>	2.5	2.75	3	3.25	3.5	3.75	4 inches
<b>Index finger length</b>	2.25	2.5	2.75	3	3.25	3.5	3.75 inches

	Toddler to 3 yrs	4-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	Teen S	Teen M	Teen L
<b>Hand (palm) circumference</b>	5	5.5	6	6.5	7	7.5	8	8.5 inches
<b>Hand length</b>	4.75-5	5.25	6	6	6.75	7.25	8	8.5
<b>Wrist circumference</b>	4.5	4.75	5	5.5	6	6.25	6.75	7 inches
<b>Thumb gusset length</b>	2	2	2.25	2.5	2.75	3	3.25	3.25 inches
<b>Thumb length</b>	1.75	1.75	2	2	2.25	2.5	2.5	2.75 inches
<b>Little finger length</b>			1.75	1.75	2	2.25	2.5	2.75 inches
<b>Ring finger length</b>			2	2.25	2.5	2.75	3	3.25 inches
<b>Middle finger length</b>			2.25	2.5	2.75	3	3.25	3.5 inches
<b>Index finger length</b>			2	2.25	2.5	2.75	3	3.25 inches

Source: Knit Mitts by Kate Atherley

